Hampden Psychological Consultation, PLLC

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Caring for Women and Children

Caring for Your Health and Wellness

Attendance & Scheduling

For your treatment to be successful, it will call for an active effort on your part. We will work very hard to assist you in improving your situation as much as possible. In order to ensure success, however, you will need to work on therapy assignments.

No-show and short-notice cancellations.

- Attendance at your appointments is very important for treatment consistency and eventual success.
- In addition, there are other individuals waiting for an appointment. If you provide at least 24 hours notice for a cancellation, this allows adequate time to offer that time slot to someone in need.
- If you do need to cancel, **please** provide at least **24 hours** notice, so that we can use that time slot for someone else in need.
- The voice mail system takes calls 24 hours per day, 7 days per week (862-3370).
- If you cancel without a 24 hour notice or do not show up, there will be a charge of the regular fee for the service provided (\$150.00 for psychotherapy or the agreed-upon testing charge for that portion of the assessment).

These fees need to be paid before the next session.

I understand and accept responsibit I do need to cancel.	oility for my attendance and fo	or giving at least 24 hours notice
Client signature	Date	Psychologist

Other Scheduling Information

- 1. Sessions are generally 45 minutes, usually beginning on the hour and ending 45 minutes after the hour. This allows your psychologist to write a treatment note.
- 2. You can expect your psychologist to be on time, unless another clinical situation demands his/her attention.
- 3. Scheduling: In order to allow for consistency of appointments, we may schedule you ahead for several weeks, because the appointment slots fill up. With advance notice, those slots can be changed or cancelled.
- 4. If Hampden school system (SAD 22) is closed for inclement weather, Hampden Psychological Consultation will also be closed. As important as psychotherapy is with regard to improvement in life satisfaction, it is not worth risking one's life on unsafe roadways. Therefore, there will be no fee for cancelled appointments scheduled on days the Hampden school system is closed.